Weekly Themes and Daily Schedule
Ages: The year they turn 4 years old – 3 to 4

Daily Routine

7:30 – 8:45 | Drop off & Settling in Time

A gentle start to the morning where our little Hug Buggies arrive, say goodbye to their grown-ups and settle into their day at their own pace. This is a relaxed time for children to feel comfortable, connect with their teachers and friends, and ease into the morning.

7:30 – 8:45 | Free Play & Exploration

Time to play, explore and discover! Our Hug Buggies can choose from a variety of age-appropriate toys, books, puzzles, pretend play, blocks and outdoor activities. Our outdoor spaces offer plenty of opportunities for climbing, running, sand play, ball games and imaginative adventures, helping our Hug Buggies develop their social skills, language, coordination, problem-solving and creativity through play.

8:45 – 9:20 | Ring Time

A fun and engaging time where our Hug Buggies come together to sing, learn and get ready for the day ahead. Through songs, movement and interactive activities, we explore numbers, letters, sounds, colours, shapes, days of the week and more. Our animal exercises help children practise emotional regulation in a fun and engaging way, while we also go over our school rules and routines.

9:20 – 10:00 | Hand Washing, First Snack & Potty Time

We wash our hands before enjoying a nutritious snack together, followed by potty visits. We encourage our Hug Buggies to develop independence and good routines at their own pace.

10:00 – 11:00 | Educational Activities and Creative Play

We gather our Hug Buggies in small groups or as a whole group, depending on the activity, for fun, hands-on experiences that encourage creativity, learning and exploration. These activities help develop important skills while allowing our Hug Buggies to learn through play. When smaller groups are used for an activity, the other Hug Buggies continue enjoying free play. Our activities change each day:

Monday: Art & Creative Exploration
We enjoy a variety of art activities in small groups, helping our Hug Buggies develop fine-motor skills, hand-eye coordination, concentration, creativity and confidence through drawing, painting, cutting, sticking, colours, shapes and patterns. These activities also give our little one's opportunities to explore early writing skills and express their own ideas.

We also explore our forest-feel garden, where our Hug Buggies can discover nature around them. From collecting pecan nuts and spotting ladybugs to picking lemons and noticing

something new, these little discoveries encourage observation, language, counting and a love for learning about the world around them.

Tuesday: Art & Drama Kiddies
Our Hug Buggies get creative with different materials, colours and textures, allowing them to experiment, create and express their own ideas while developing their fine-motor skills and coordination.

Our Drama Kiddies sessions encourage imagination, self-expression and confidence through role play, dressing up, nursery rhymes, dancing, games and imaginative play. These activities help our Hug Buggies develop language, social skills, emotional awareness and the confidence to express themselves while having lots of fun.

Wednesday: Baking – Sweet or Savoury
Our Hug Buggies get creative with edible ingredients, turning baking into a fun, hands-on sensory experience. They get to mix, pour, roll, press, decorate and create while developing their fine-motor skills, hand-eye coordination, concentration and independence.

Along the way, our Hug Buggies are introduced to counting, measuring, colours, shapes, textures and simple instructions, while enjoying the excitement of creating something they can see, touch and taste!

Thursday: Sensory & Messy Play
Our Hug Buggies get to explore a variety of fun sensory materials such as moon sand, shaving cream, flour, seeds, water beads and so much more. Through squishing, rolling, scooping, pouring, mixing and discovering, our Hug Buggies learn through their senses while having fun and getting a little messy!

Sensory play encourages curiosity and exploration while supporting language development, problem-solving, early maths concepts such as counting, sorting and comparing, as well as fine and gross motor skills, concentration and social interaction. It's a wonderful way for children to explore and make sense of the world around them through hands-on play.

Friday: Water or Bubble Play
Our Hug Buggies enjoy plenty of splashing, pouring, scooping and exploring during water play. They can fill and empty containers, play with sponges, spray bottles and water toys, and enjoy containers filled with bubble bath and foam. They can also have fun running through the sprinklers. Water play is a wonderful way to develop coordination, fine and gross motor skills, early maths concepts such as full and empty, more and less, problem-solving and confidence while having lots of fun!

On colder days, we swap the water for our bubble machine, giving our Hug Buggies plenty of opportunities to chase, pop and catch bubbles without getting wet.

11:00 – 11:30 | Hand Washing, Second Snack & Potty Time

The Hug Buggies wash their hands before enjoying a little top-up snack, followed by potty time before we wind down for the morning.

11:30 – 12:30 | Story & Wind-Down Time

We enjoy some calm outdoor play with blocks, animals and books. As we begin winding down, our Hug Buggies wipe their own faces and put on their own shoes, with a little help when needed.

We then settle down for a short story, cuddles and songs before it's time for our fun "tidy-up song". Our Hug Buggies help pack away the blocks, animal toys and other playthings as we get ready for home time.

12:00 – 12:30 | Pick Up Time

Our Hug Buggies continue with story time and free play as they transition from school to home, while we share little moments from their morning with their grown-ups.